

**Region 3-A AAAA Girl's and Boy's Track and Field Championships  
at Starr's Mill High School**

**Wednesday, April 19<sup>th</sup>, 2017 – Field Events, 1600m finals, Pre-lims**

**Thursday, April 20<sup>th</sup>, 2017 – Finals**

**Friday, April 21<sup>st</sup>, 2017- Rain Day**

**Scoring and Awards:** Top 8 (10-8-6-5-4-3-2-1) provided by the Region

**Entries:** 2 per event including relays –Submit entries at [www.ga.milesplit.com](http://www.ga.milesplit.com) by Sunday, **April 16<sup>th</sup>, 2017** (online entry) by **11:59pm**. All relay line-ups including alternates must be declared at Scratch Meeting on **Monday, April 17<sup>th</sup>, at 7pm** in the Health room (902) at Starr's Mill. **Relay line-ups including alternates may not change for sectionals.** Also, all entries (rosters) must be made ELECTRONICALLY on the GHSA web site (<http://app.ghsa.net/>). A template will be posted there for use by all head track coaches.

**Admission:** \$5.00 for adults and \$3.00 for students

**Sectional Qualifying: Top 4 in finals advance to the “A” Sectionals AAAA (1,3,6,7) Saturday, April 29<sup>th</sup>, 2017.**

**Regional Finals: Laned Events – Winner of each heat plus next 6 fastest times advance to finals**

1600/3200 – One heat of each – Run as finals

800m will be run as Final on Thursday (Only 14 athletes) top 4 advance

9 to field event finals (3 throws and 3 jumps...additional 3 throws/jumps in final)

5 alive for High Jump and Pole Vault

**Schedule:** Wednesday (field event and 1600m finals, all other events are trials)

**\*\*\*\*12:15 Coaches Meeting at finish line tent\*\*\*\***

<b>1:00pm</b>	<b>School for Event</b>	<b>2:30pm</b>	<b>School for Event</b>
<b>Boys Discus</b>		<b>Girls Discus</b>	
<b>Girls Shot</b>		<b>Boys Shot</b>	
<b>Boys High Jump 5'8"</b>		<b>Girls High Jump 4'6"</b>	
<b>Girls Pole Vault 6'6"</b>	Starr's Mill	<b>Boys Pole Vault 9'0"</b>	Starr's Mill
<b>Boys Long Jump</b>		<b>Girls Triple Jump</b>	
<b>Girls Long Jump</b>		<b>Boys Triple Jump</b>	

**4:30p 4x800m Boys (Exhibition – add relay team at the line Non-Scoring)**

5:00p 4x100m Relay

5:20p 1600m **Girls first then Boys Final**

5:40p 400m Dash

5:55p 100m Dash

6:10p 100m Hurdles/110m Hurdles

6:30p 200m Dash

6:45p 300m Hurdles

7:25p 4x400m Relay

**Thursday (finals)**

4:00p 4x100 Relay  
4:10p **4x800m Girls (Exhibition – add relay team at the line Non-Scoring)**  
4:40p 400m Dash  
5:00p 100m Dash  
5:15p 100m Hurdles  
5:30p 110m Hurdles  
5:45p 800m Run  
6:00p 200m Dash  
6:10p 300m Low Hurdles  
6:25p 300m Intermediate Hurdles  
6:35p 3200m Run **Girls first then Boys Final**  
7:05p 4x400m Relay  
7:20p Awards Presentation

**Duties:**

Meet Director	Chad Walker Starr's Mill
Referee/800m/4x4 Break line	
Jury of Appeals	
Awards	Region 3-AAAAA
Clerk of the Course	Starr's Mill
Starter	Collins USATF Official
Back-up Starter	
FinishLynx Timing	Perfect Timing
Hospitality and Concessions	SMHS Booster Club
Gate	SMHS
Curve Judges(300H/4x400/800m)	
Exchange Zones (4x100)	1. 2. 3.

**Region 3-AAAAA:**

Fayette County  
Griffin  
McIntosh  
Morrow  
Riverdale  
Starr's Mill  
Whitewater