

**SIAC Schedule  
April 24, 2014**

**COMBINED EVENTS**

8:00 am Decathlon (Day 1) FINAL  
8:30 am Heptathlon (Day 1) FINAL

**FIELD EVENTS**

2:00 pm Shot Put (Men) FINAL  
3:00 pm Long Jump (Men) FINAL  
3:00 pm Long Jump (Women) FINAL  
4:00 pm Shot Put (Women) FINAL  
6:00 pm Hammer Throw (Men) FINAL  
8:00 pm Hammer Throw (Women) FINAL

**3:00 PM OPENING CEREMONY**

**3:05 PRESEASON AWARDS CEREMONY**



**TRACK EVENTS**

5:00 pm 200 Meter Dash (Men) PRELIM  
5:15 pm 200 Meter Dash (Women) PRELIM  
5:40 pm 400 Meter Int. Hurdles (Men) PRELIM  
5:55 pm 400 Meter Int. Hurdles (Women) PRELIM  
6:10 pm 800 Meter Run (Men) PRELIM  
6:25 pm 800 Meter Run (Women) PRELIM  
6:40 pm 4 X 100 Meter Relay (Men) PRELIM  
6:55 pm 4 X 100 Meter Relay (Women) PRELIM  
7:15 pm 10,000 Meter Run (Men) FINAL  
8:00 pm 10,000 Meter Run (Women) FINAL

**April 25, 2014**

**COMBINED EVENTS**

8:00 am Decathlon (Day 2) FINAL  
8:30 am Heptathlon (Day 2) FINAL

**FIELD EVENTS**

3:00 pm Discus (Men) FINAL  
3:30 pm Triple Jump (Men) FINAL  
3:30 pm Pole Vault (Men) FINAL  
3:30 pm Triple Jump (Women) FINAL  
6:00 pm Discus (Women) FINAL  
7:00 pm High Jump (Women) FINAL

**TRACK EVENTS**

5:00 pm 110 Meter Hurdles (Men) PRELIM  
5:15 pm 100 Meter Hurdles (Women) PRELIM  
5:30 pm 1,500 Meter Dash (Men) PRELIM  
5:45 pm 1,500 Meter Dash (Women) PRELIM  
6:00 pm 400 Meter Run (Men) PRELIM  
6:15 pm 400 Meter Run (Women) PRELIM  
6:30 pm 100 Meter Dash (Men) PRELIM  
6:45 pm 100 Meter Dash (Women) PRELIM  
7:00 pm 4 x 400 Meter Relay (Men) PRELIM  
7:15 pm 4 x 400 Meter Relay (Women) PRELIM  
7:30 pm 3,000 Meter Steeplechase (Men) FINAL  
7:50 pm 3,000 Meter Steeplechase (Women) FINAL

**SIAC Schedule (continued)**  
**April 26, 2014**

**FIELD EVENTS**

9:00 am        Javelin Throw (Men) FINAL  
10:00 am       Pole Vault (Women) FINAL  
12:00 pm       Javelin Throw (Women) FINAL  
3:00 pm        High Jump (Men) FINAL

**TRACK EVENTS**

1:30 pm        4 x 100 Meter Relay (Men) FINAL  
1:35 pm        4 x 100 Meter Relay (Women) FINAL  
1:40 pm        1,500 Meter Run (Men) FINAL  
1:50 pm        1,500 Meter Run (Women) FINAL  
2:05 pm        110 Meter Hurdles (Men) FINAL  
2:25 pm        100 Meter Hurdles (Women) FINAL  
2:35 pm        400 Meter Dash (Men) FINAL  
2:45 pm        400 Meter Dash (Women) FINAL  
2:55 pm        100 Meter Dash (Men) FINAL  
3:05 pm        100 Meter Dash (Women) FINAL  
3:15 pm        800 Meter Run (Men) FINAL  
3:25 pm        800 Meter Run (Women) FINAL  
3:40 pm        400 Meter Hurdles (Men) FINAL  
3:55 pm        400 Meter Hurdles (Women) FINAL  
4:15 pm        200 Meter Dash (Men) FINAL  
4:25 pm        200 Meter Dash (Women) FINAL  
4:35 pm        5,000 Meter Run (Men) FINAL  
4:55 pm        5,000 Meter Run (Women) FINAL  
5:25 pm        4 x 400 Meter Relay (Men) FINAL  
5:35 pm        4 x 400 Meter Relay (Women) FINAL